

Step Therapy Criteria

CW V1 2012

Last Updated: 12/09/2011

## 5-HT<sub>3</sub> ANTAGONIST ANTIEMETICS

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### Products Affected

- Anzemet
- Emend CAPS
- Granisetron Hcl INJ 0.1MG/ML, 1MG/ML
- Granisetron Hcl TABS
- Granisol
- Ondansetron Hcl INJ 4MG/2ML
- Ondansetron Hcl ORAL SOLN
- Ondansetron Hcl TABS 24MG

Details	
<b>Criteria</b>	Beneficiary must try ondansetron 4mg or 8mg tablets or ondansetron 4mg or 8mg ODTs for seven days as step one and fail therapy before being able to receive ondansetron 24mg, ondansetron solution, or any of the forms of granisetron for thirty days as step two and fail therapy before being able to get dolasetron or any of the forms of aprepitant as step three.

# ANGIOTENSIN RECEPTOR ANTAGONISTS

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## Products Affected

- Atacand
- Atacand Hct
- Diovan
- Diovan Hct
- Losartan Potassium
- Losartan Potassium/hydrochlorothiazide

Details	
<b>Criteria</b>	Beneficiary must try benazepril, benazepril/HCTZ, captopril, captopril/HCTZ, enalapril, enalapril/HCTZ, lisinopril, lisinopril/HCTZ, quinapril, or quinapril/HCTZ as step one and fail therapy before being able to receive losartan or losartan/HCTZ as step two and fail therapy before being able to receive candesartan, candesartan/HCTZ, valsartan, or valsartan/HCTZ as step three.

# ANTICHOLINERGIC BRONCHODILATORS

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## Products Affected

- Spiriva Handihaler

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try ipratropium bromide or albuterol/ipratropium for thirty days as step one and fail therapy before being able to receive tiotropium bromide as step two.

# ANTICOAGULATION

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## Products Affected

- Pradaxa

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try warfarin as step one and fail therapy before being able to receive dabigatran as step two.

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# ANTIDIABETIC AGENTS

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## Products Affected

- Acarbose
- Actos
- Byetta
- Glyset
- Prandin

Details	
<b>Criteria</b>	Beneficiary must try metformin, glipizide, glyburide, or glimepride for thirty days as step one and fail therapy before receiving acarbose or repaglinide for thirty days as step two and fail therapy before receiving pioglitazone, miglitol or exenatide as step three.

# ANTI-PSYCHOTIC

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## Products Affected

- Fanapt
- Fanapt Titration Pack
- Geodon
- Invega
- Invega Sustenna
- Latuda
- Risperdal Consta
- Risperidone Odt

Details	
<b>Criteria</b>	Beneficiary must try risperidone tablets, risperidone solution, olanzapine tablets or quetiapine IR tablets for thirty days as step one and fail therapy before receiving risperidone consta injection, risperidone ODT, or ziprasidone for thirty days as step two and fail therapy before being able to receive iloperidone, lurasidone, or paliperidone as step three. Any beneficiary currently taking a step two or step three medication will not be subject to the step therapy restrictions.

# APOMORPHINE

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## Products Affected

- Apokyn

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try levodopa, carbidopa/levodopa, trihexyphenidyl, benztropine or amantadine capsules as step one and fail therapy before receiving apomorphine (Apokyn) as step two.

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# DESVENLAFAXINE

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## Products Affected

- Pristiq

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try venlafaxine for ninety days as step one and fail therapy before receiving desvenlafaxine as step two. Any beneficiary currently taking desvenlafaxine will not be subject to the step therapy restrictions.

# FIBRIC ACID DYSLIPIDEMICS

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## Products Affected

- Fenofibrate
- Fenofibrate Micronized

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try gemfibrozil for sixty days as step one and fail therapy before receiving fenofibrate as step two.

# HEPATIC ENCEPHALOPATHY

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## Products Affected

- Xifaxan TABS 550MG

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try lactulose for fourteen days as step one and fail therapy before being eligible to receive rifaximin (Xifaxan) or methylnaltrexone as step two.

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# HMGCOA INHIBITORS / CHOLESTEROL ABSORPTION INHIBITORS

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## Products Affected

- Vytorin
- Zetia

Details	
<b>Criteria</b>	Beneficiary must trial simvastatin 40mg, atorvastatin 40mg, or atorvastatin 80mg for sixty days OR have been on simvastatin 80mg for more than 60 days as step one and fail therapy before receiving ezetimibe or simvastatin/ezetimibe as step two. Members who demonstrate intolerance to statin therapy or who have a contraindication to statin therapy will be eligible for a exception to this ST.

# MIGRAINE ABORTIVE AGENTS

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## Products Affected

- Axert
- Naratriptan Hcl
- Zomig
- Zomig Zmt

Details	
<b>Criteria</b>	Beneficiary must try sumatriptan tablets or injection for thirty days as step one and fail therapy before being able to receive naratriptan tablets for thirty days as step two and fail therapy before being able to receive almotriptan tablets, zolmitriptan tablets, zolmitriptan orally disintegrating tablets, or zolmitriptan nasal spray as step three.

# MUCOLYTICS

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## Products Affected

- Pulmozyme

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try acetylcysteine for thirty days as step one and fail therapy before being able to receive dornase alfa as step two.

# NON-OPIOID ANALGESICS

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## Products Affected

- Celebrex

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try oxaprozin, ibuprofen, or naproxen for thirty days as step one and fail therapy before receiving celecoxib as step two.

# OPIOID ANALGESICS

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## Products Affected

- Fentanyl
- Fentanyl Citrate Oral Transmucosal
- Oxycontin

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try methadone or extended release morphine for thirty days as step one and fail therapy before receiving oxycodone SR for thirty days as step two and fail therapy before receiving fentanyl patches or lozenges as step three.

# OSTEOPOROSIS

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## Products Affected

- Actonel TABS 150MG, 30MG, 5MG
- Boniva
- Calcitonin-salmon
- Forteo
- Fortical
- Miacalcin INJ
- Prolia
- Reclast

Details	
<b>Criteria</b>	Beneficiary must try alendronate or etidronate as step one and fail therapy or demonstrate intolerance before receiving ibandronate, calcitonin, risedronate, zoledronic acid (Reclast) or denosumab (Prolia) as step two and fail therapy before receiving teriparatide (Forteo) as step three.

# PROTON PUMP INHIBITORS

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## Products Affected

- Lansoprazole
- Pantoprazole Sodium
- Protonix INJ

Details	
<b>Criteria</b>	Beneficiary must try omeprazole for thirty days as step one and fail therapy before receiving pantoprazole for thirty days as step two and fail therapy before receiving lansoprazole as step three.

# PULMONARY ANTIHYPERTENSIVES

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## Products Affected

- Letairis

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try sildenafil or tadalafil as step one and fail therapy before receiving ambrisentan as step two.

# SYMPATHOMIMETIC BRONCHODILATORS

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## Products Affected

- Proair Hfa
- Proventil Hfa

<b>Details</b>	
<b>Criteria</b>	Beneficiary must first try Ventolin HFA for 30 days as step one and fail before receiving Proair or Proventil as step two.

# TOPICAL ANALGESICS

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## Products Affected

- Lidoderm

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try topical lidocaine ointment for thirty days as step one and fail therapy before receiving Lidoderm patches as step two.

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# TRAMADOL

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## Products Affected

- Tramadol Hcl Er TB24 100MG, 200MG

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try tramadol or tramadol/acetaminophen for thirty days as step one and fail therapy before receiving tramadol ER.

# TRICYCLICS

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## Products Affected

- Surmontil

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try amitriptyline, nortriptyline, desipramine or clomipramine as step one for ninety days and fail two step one therapies before receiving trimipramine as step two.

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# URINARY ANTISPASMODICS

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## Products Affected

- Detrol
- Detrol La
- Enablex
- Oxytrol
- Sanctura Xr
- Trospium Chloride
- Vesicare

Details	
<b>Criteria</b>	Beneficiary must try oxybutynin or oxybutynin ER for thirty days as step one and fail therapy before receiving tolterodine or tolterodine ER for thirty days as step two and fail therapy before receiving darifenacin, solifenacin, trospium, or Oxytrol as step three.

# XOLAIR

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## Products Affected

- Xolair

<b>Details</b>	
<b>Criteria</b>	Beneficiary must try fluticasone inhaled, fluticasone/salmeterol inhaled, budesonide inhaled, or mometasone inhaled for thirty days as step one and fail therapy before receiving omalizumab as step two

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